



SCHOLARS
STRATEGY NETWORK

Trans Moms Discuss Their Unique Parenting Challenges During the Pandemic – And What They Worry About When Things Go Back to ‘Normal’

Derek P. Siegel, University of Massachusetts-Amherst

Between **25% and 50%** of transgender adults in the U.S. have children. Some have kids before coming out as trans, others adopt or foster, and some use egg or sperm cells they've frozen – usually before starting hormone replacement therapy.

As a sociologist who studies **inequality and reproduction**, I noticed that there are few discussions of how trans people – particularly **trans women** – experience parenthood. So in the midst of the COVID-19 pandemic, I interviewed 50 transgender women – both current and prospective parents – from across the country and from diverse racial and class backgrounds.